

Charlton Softball

Instructional Division Rules

Spring 2009

The focus of the instructional division is to learn the skills needed to play softball and to develop each player's skill level. The girls will be taught the value of team play as well as the importance of good sportsmanship. The girls will also have an opportunity to develop new friendships while having fun playing and learning the game of softball.

Each team will have a one (1) hour team practice each week as well as a ninety (90) minute game each weekend on Saturday mornings.

The Game

- An 11 safety ball will be used.
- Coaches are allowed and should be on the field for instruction.
- Coaches in the field will umpire the game.
- The base path will be 50 feet.
- The pitching distance will be 35 feet.
- Players will be pitched to by coaches.
- All players will be included in a continuous batting order.
- There will be three (3) outs per inning or an eight (8) batter limit, whichever comes first.
- Players will get 5 swinging strikes before they are called out.
- Batters will not be awarded walks.
- Batters hit by a pitch are not awarded first base.
- Batters are not allowed to bunt.
- The base runner needs to stay on the base until the ball is hit. There will be no leading or stealing.
- On a hit that reaches the outfield grass, the batter/base runner may attempt to advance to 2nd base but not beyond. Other base runners may only advance as many bases as the batter/base runner.
- No advancing on overthrows.
- If a player is determined to be out during a play, she must go to the bench.
- Only one (1) player will be placed in each infield position. All other players will be positioned evenly in the outfield.
- The player positioned at the pitcher position must be within 5 feet of the rubber.
- Games must start on time. No game will start a new inning within 15 minutes of the scheduled start time of the next game.